

9 天 毕棚沟 .达古冰川

蜀南竹海

9D Bipenggou & Dagu Holy-glacier & Shunan Bamboo Sea

Super Travels Pte Ltd

133 New Bridge Road, #03-01/02 Chinatown Point, Singapore 059413

Call us: 6392 3688 / 6392 3392. Email: apc@super-travels.com



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行程要点

全程无购物

- ◇ 毕棚沟风景区：春看山花、夏季避暑、秋赏枫叶、冬玩冰雪
- ◇ 鹧鸪山滑雪场
- ◇ 深度游览油彩世界——奶子沟彩林景区
- ◇ 走进远古，探古溯源——达古冰川
- ◇ 云山竹海，天上人间——蜀南竹海

成都：川菜博物馆、宽窄巷子



风味美食

- 羌寨风味
- 藏式风味
- 川菜风味
- 土鸡锅汤
- 峨眉野菌风味
- 特色苗家长桌宴



住宿

全程当地 5*标准酒店

古尔沟:5*诗曼大酒店、世纪温泉酒店或同级

阿坝州:5*民俗客栈 羊茸哈德精品民宿或同级

都江堰:5*古城智选假日酒店、中心国际酒店或同级

长宁:5*云锦瑞林温泉酒店或同级

峨眉山:5*花园城酒店或同级

成都:5*航辰国际酒店、润和柏栎酒店或同级

*最后两晚特别提升总府皇冠假日酒店或同级



必须自费项目

宜宾夕佳山民居+峨眉山功夫秀+川菜博物馆=RMB600/人（12岁以下小孩RMB500/人）



第一天:新加坡→成都

齐集樟宜机场,搭乘班机飞往成都,抵达后专车接机入住酒店,

第二天:成都-毕棚沟-古尔沟（早/午/晚餐）

早餐后出发,沿途观赏高山峡谷风光, **桃坪羌寨**, 是世界上保存最完整的尚有人居住的碉楼与民居融为一体建筑群,享有“天然空调”美名,被中外学者誉为“神秘的东方古堡”。之后前往**毕棚沟**, 又称**毕棚沟风景区**, 位于四姑娘山北,是大熊猫栖息地的核心区域,被称为“川西小瑞士”。是国内知名的红叶观赏圣地(含景区观光车+电瓶车)。一到冬天就成了冰雪世界,毕棚沟冬季积雪期为11月底到次年的3月底(景区滑雪项目自费)。最后前往著名古尔沟温泉,在酒店内享受美好的温泉之夜。温馨提示:请自带泳衣。

第三天:古尔沟-鹧鸪山-达古冰川（早/午/晚餐）

今天我们将进行**滑雪之旅（只限冬季）——鹧鸪山滑雪场**半日游, (含门票+观光车+1小时滑雪) **赠送3个小戏雪项目:雪片、雪船、雪碟—滑雪雪具自理。**

继续前往**奶子沟彩林景区**观光拍照,“奶子沟”在藏语中是美丽富饶、幸福安宁之意。景区因其身处深谷独享清幽雅静的奶子沟而得名,又以美甲天下的彩林世界而闻名。树种主要由桦树、松树、柏树、枫树和各种乔木组成,还有不同色彩的针叶林、阔叶林、次生林、灌木丛点缀其间,密密麻麻地覆盖了一坡又一坡,形成了“万类霜天竞自由”之势。进入彩林世界你会感觉进了油彩的世界。晚餐后入住当地景区内五星民宿客栈。

第四天:达古冰川-都江堰（早/午/晚餐）

早餐后前往**达古冰川** (含上下索道), 是全球海拔最低,面积最大,年纪最轻的冰川,也是距离城市最近的冰川,走进远古,探古溯源,“达古冰川”因此得名。体验一览众山小的冰山奇迹,享用一杯高山冰川咖啡(咖啡自理)。最后, **夜游都江堰南桥古街**, 体验人文风情, 打卡**熊猫广场**。

第五天:都江堰-竹海（早/午/晚餐）

早餐后前往世界上集中面积最大的**天然竹林景区蜀南竹海**, 独特的地理位置, 造就了“云山

竹海, 天上人间”。是世界罕见、中国唯一的集竹景、山水、湖泊、瀑布、古庙于一体的旅游圣地。更是川南地区著名的影视基地,《卧虎藏龙》的拍摄地。

忘忧谷: 让您感受宛如仙境的浪漫与纯净。

天宝寨: 天宝寨景色壮丽, 晴天, 红色砂石在阳光的照射下金碧辉煌, 雨雾天气, 云飘雾拂, 景色奇丽。

仙寓洞: 幽深奇险, 位于悬崖绝壁的天然岩腔里, 洞上是莽莽的竹林, 洞下是竹海大峡谷, 隔竹海大峡谷与挂榜岩洞穴群相望。

第六天:竹海-兴文石海-峨眉山（早/午/晚餐）

早餐后出发游览**兴文石海** (含外景观光车+溶洞游船+返程景区大巴车), 集中石海景观、地下溶洞群、世界级的大漏斗, 被专家誉为喀斯特地貌博物馆。午餐景区内享用**特色苗家长桌宴**, 体验别致的美食风味。接着前往**宜宾, 中国民国建筑活化石: 宜宾夕佳山民居** (保证自费), 这里有中国民间建筑的活化石, 夕佳山民居, 坐南向北, 南依安远山脉, 北临层层浅丘, 有“千人拱手、万山来朝”的气势。而去过夕佳山民居的人们, 无比被这川南民居独特的建筑风格所着迷, 一点也不亚于江南民居, 所以它也是巴蜀文化的见证。**峨眉山功夫秀** (保证自费)。

第七天:峨眉山-成都（早/午/晚餐）

峨眉山博物馆: 中国风景区内首座集地质、动植物、历史、宗教、民俗等内容于一体的现代化地志性博物馆。

川菜博物馆: 以文物、典籍、图文陈列展示历史的川菜文化, 从中可以了解川菜文化的起源、演变、发展及川菜文化的形成。

(送**宫保鸡丁**表演和**大刀金丝面**表演)

宽窄巷子: 青黛砖瓦的仿古四合院落, 也是成都遗留下来的较成规模的清朝古街道

熊猫屋: 赠送**熊猫纪念明信片**一人一张

第八天:成都（早餐）

早餐后, 自由活动一天。

第九天:成都→新加坡（早餐）

早餐后, 当天返回美丽的家园新加坡。



TOUR HIGHLIGHTS

***Non-Shopping Tour

- Bipenggou Scenic Area: Giant Panda Habitat, West Sichuan Switzerland
- Zhegu Mountain Ski Resort
- Deep Tour of the Oil Painting World - Naizigou Colorful Forest Scenic Area
- Exploring the Origin of the Dagu Holy-glacier
- Heaven on Earth - Shunan Bamboo Sea



MEALS INCLUSION

- Qiang Village Flavor
- Tibetan flavor
- Sichuan Cuisine Flavor
- Chicken pot soup
- Emei Wild Mushroom Flavor



ACCOMMODATION

Local 5*hotel

Guergou:5*Shiman Hot Spring Hotel, Bipenggou Century Hot Spring Hotel or similar

Aba:5*Yangrong Hade Boutique Hostel or similar

Dujiangyan:5*Holiday Inn Express Dujiangyan Ancient City or Centre International Hotel or similar

Changning:5*YunJin RuiLin Hot Springs Hotel or similar

Mt. Emei:5*Garden City Hotel or similar

Chengdu:5*Xiedu Hangchen International Hotel or Paxton Park Hotel Chengdu or similar

*Last 2 nights Chengdu special upgrade to Crowne Plaza Chengdu City Centre



COMPULSORY TOUR

Yibin Xijia Mountain Folk House +Mount Emei Kung Fu Show +Sichuan Cuisine Museum = 600RMB/pax (children below 12 years old 500RMB/pax)



DAY 1: Singapore→Chengdu

Assemble at Changi International Airport and take an international flight to Chengdu. Upon arrival, pick up you and check in at the hotel.

DAY 2: Chengdu-Bipenggou-Guergou

(B/L/D)

After breakfast, set off to enjoy the scenery of the high mountains and canyons along the way. **Taoping Qiang Village** is the world's most fully preserved residential complex of watchtowers and residential buildings, enjoying the reputation of "natural air conditioning" and being praised by scholars both at China and abroad as the "mysterious ancient castle of the East". Then go to **Bipenggou Scenic Spot**, which is located in the north of Siguniang Mountain, and is the core area of giant panda habitat, known as "Little Switzerland in West Sichuan". (including scenic sightseeing buses and eco car), (self funded skiing projects in the scenic area). After nightfall, enjoy a beautiful hot spring night in the hotel. Kind reminder: Please bring your own swimsuit.

DAY 3: Guergou-Mt. Zhegu-Dagu Holy-glacier

(B/L/D)

Today we will embark on a ski trip (only winter season) - a half day tour of the **Zhegu Mountain Ski Resort**, including tickets, sightseeing buses, and an hour of skiing

Special arrange snow events: include snow flakes, snowboats, snowplates(Ski Equipment by own arrangement)

In the afternoon, continue to visit the **Naizigou Colorful Forest Scenic Area** for sightseeing and photography. "Naizigou" in Tibetan means beauty, richness, happiness, and peace. The scenic area is named after its location in the quiet and elegant Naizi Valley, and is also famous for the colorful forest. The tree species are mainly composed of birch, pine, cypress, maple and various arbors, as well as coniferous forests, broad-leaved forests and shrubs of different colors, which are densely covered with slope after slope. Entering the colorful ocean, you will feel like entering the world of oil paint.

DAY4: Dagu Holy-glacier-Dujiangyan

(B/L/D)

After breakfast, head to the **Dagu Glacier** (Include both way cable car ride), which is the

world's lowest altitude, largest area, and youngest glacier. It is also the closest glacier to the city. Walking into ancient times and exploring the ancient origins, the "Dagu Glacier" is named after it. Experience the wonders of small icebergs and enjoy a cup of alpine glacier coffee by own arrangement. Lastly, you can take a night tour of **Dujiangyan Nanqiao Ancient Street** to check in in Panda Square..

DAY 5:Dujiangyan-Bamboo Sea (B/L/D)

After breakfast, head to the largest natural bamboo forest scenic area in the world, the **Shunan Bamboo Sea**. It is a rare tourist destination in the world and the only one in China that integrates bamboo scenery, mountains and rivers, lakes, waterfalls, and ancient temples. It is also a famous film and television base in the southern Sichuan and the filming location for 'Crouching Tiger, Hidden Dragon'.

Wang You Valley: Let you feel the romance and purity of a fairyland.

Tianbao Village: The scenery is magnificent. On a sunny day, the red sand and stones shine brilliantly under the sunlight. In rainy and foggy weather, the clouds float and the mist blows,

Fairy Combine Hole: It is a secluded and perilous cave located in a natural rock cavity on a cliff. Above the cave is a wild bamboo forest, and below it is the Bamboo Sea Grand Canyon, facing the hanging rock cave group across the Bamboo Sea Grand Canyon.

DAY 6:Bamboo Sea-Xingwen Stone Sea-Mt.Emei

(B/L/D)

After breakfast, you will visit **Xingwen Stone Sea(Include Sightseeing bus+Karst Cave boat trip+ return transportation in scenic area)**. Continue you will visit **Xijia Mountain residential(Compulsory tour)**, where there are Living fossil of Chinese folk architecture, and Xijia Mountain dwellings. Sitting south to north, it is adjacent to the Anyuan Mountains in the south, and adjacent to layers of shallow hills in the north. People who have been to Xijia Mountain folk houses are fascinated by the unique architectural style of the houses in southern Sichuan, which is no less than the ones in southern Sichuan, so it is also the witness of



Sichuan culture. Continue to watch **Mount Emei Kung Fu Show** in the evening.

DAY 7: Mt. Emei-Chengdu (B/L/D)

Mount Emei Museum: the first modern geographical museum integrating geology, animals and plants, history, religion, folk customs, etc. in China's scenic spot.

Sichuan Cuisine Museum: show historical Sichuan cuisine culture through cultural relics, classics, and graphic displays, from which one can understand the origin, evolution, development, and formation of Sichuan cuisine culture.

(Free Kung Pao chicken Show and Golden Silk Noodle Show)

Kuan Zhai Alley: an antique Quadrangle with green and black bricks and tiles, it is also a large-scale ancient street of Qing Dynasty left over from Chengdu.

Panda House: One panda commemorative postcard per person as a gift

Day 8: Chengdu (B)

Free and easy, have a nice day.

Day 9: Chengdu-Singapore (B)

After breakfast, you can enjoy your free time before transferring to the airport for your flight back to Singapore.

REMARKS :

1. Purchase of travel insurance is strongly recommended.
2. All itineraries are subject to changes (due to Flight Schedules, Land and Sea Transport, COVID-19 restrictions and other causes of an unpredictable nature) and final confirmation from our overseas land operators. We, as a Travel Agent cannot be held responsible for any changes being made to the itineraries due to any but not limiting to the above-mentioned factors.
3. Tour is conducted in Mandarin unless otherwise stated.
4. Please refer to Chinese itinerary version for more details.

备注:

1. 公司强烈建议旅客购买个人旅游保险
2. 在公司无法预测和控制的情况下，行程可能更改
3. 除特殊说明外，全程中文讲解
4. 更多细节请参考中文版行程表

HAVE A NICE TRIP!!!

祝您旅途愉快!