

SWC02C



10 天昆明大理丽江香格里拉 +腾冲、芒市

10D KunMing. DaLi. LiJiang ShangriLa+TengChong

Super Travels Pte Ltd

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行程要点

✧ 全程无购物

大理

- 大理古城
- 洱海主题巡游车、S 弯洱海生态廊道

丽江

- 丽江古城
- 玉龙雪山风景区
- 主峰冰塔林大索道: 故有“绿雪奇峰”, 雪不白而绿, 蔚为奇观
- 《印象丽江》歌舞表演

香格里拉

- 打卡-香格里拉大经幡风吹幡动
- 佛教白塔: 和谐塔中塔
- 独克宗古城、龟山公园, 观转经筒

芒市

- 芒市双塔
- 猛焕大金塔+大银塔

腾冲

- 大地茶海--体验响雷茶
- 北海湿地公园、乘坐竹筏游览湿地
- 和顺侨乡



风味餐

- 砂锅鱼+乳扇、雪山自助小火锅
- 香格里拉藏式风味、
- 芒市傣族风味、腾冲药膳宴



住宿

- 昆明(品牌酒店, 携程 4 钻): 智选西部假日或同级
- 大理(当地准 5 星, 携程 4 钻): 三塔苑酒店或同级
- 丽江(当地 5 星, 携程 5 钻): 国际大酒店或同级
- 香格里拉(当地准 5 星, 携程 4 钻): 兰欧国际酒店(供氧房)或同级
- 南甸(当地 5 星, 携程 5 钻) 伴山温泉酒店/同级
- 腾冲(当地 5 星, 携程 5 钻) 智选假日酒店/建国大酒店/同级



必须自费项目

- 虎跳峡(上下扶梯)+百年火山石庭院品: 下午茶(一杯咖啡、一份点心、一份水果)+海鲜自助餐=RMB680/人
- (小孩身高 1 米以下 RMB450/人)



第一天: 新加坡→昆明 (晚餐)

今天齐聚樟宜国际机场, 乘搭国际航空飞往春城昆明。

第二天: 昆明-大理-丽江 (早/午/晚餐)

乘车前往大理(约 4.5H), 定制安排: 【洱海主题巡游车】全程金花或啊鹏哥带你一起畅游, 你可以跟着音乐的节奏舞动, 让美妙的歌声回荡在这苍山洱海间。每位客人赠送 1 瓶大理啤酒, (注: 不喝啤酒客人安排果汁 1 瓶) 洱海边金花领舞打跳(赠送一团 20 秒航快拍) 抵达洱海生态廊道 S 弯, 接着游览大理古城。

第三天: 大理-香格里拉 (早/午/晚餐)

早餐后, 乘车至香格里拉(约 3.5H), 游览世界上最大的佛教白塔---和谐塔中塔, 是按照塔中塔的方式构建, 指塔外有塔, 塔在塔, 与独克宗古城的大佛寺、尼旺宗的松赞林寺遥相呼应。接着打卡-香格里拉大经幡风吹幡动, 幡动福至, 参观香巴拉十轮坛城文化博览中心、游独克宗古城、龟山公园, 观转经筒。

第四天: 香格里拉-丽江 (早/午/晚餐)

早餐后, 乘车至丽江(约 3H), 途中配套自费: 游虎跳峡(上下扶梯), 虎跳峡是中国云南省丽江一处峡谷, 又称“金沙劈流”, 位于玉龙雪山与哈巴雪山之间, 两山夹峙成一座大峡谷, 金沙江穿峡而过, 江面险窄, 最窄处仅有 30 米, 相传老虎能一跃过江, 故称“虎跳峡”。午餐后, 抵丽江, 游览有着 800 年历史的古城, 四方街。

第五天: 丽江 (早/午/晚餐)

今天将前往【玉龙雪山】, 是丽江最著名的景点之一, 也是纳西族心中的神山, 我们将乘大索道登上玉龙雪山主峰冰塔林, 冰川公园是由冰川侵蚀而成的石洞、石穴组成的公园, 是第四纪冰川形成的地貌遗迹, 有“卢塞恩玻璃宫”之称。游览【蓝月谷(不含电瓶车)】、甘海子】。赠送东巴秘境(含电瓶车+网红玻璃桥+换装+旅拍)。

(注明: 如冰塔林索道遇到索道检修或风过大停运, 则更改为云杉坪小索道+栈道电瓶车)

第六天: 丽江-保山(动车约 3.5h)-南甸(车程约 3.5h) (早/午/晚餐)

早餐后, 乘动车前往保山, 乘车前往梁河, 途经邂逅【龙江大桥】的云端之美, 大桥全长 2470 米, 主跨 1196 米, 是亚洲山区最大跨径钢箱梁悬索桥。站在观景台, 可俯瞰大

桥如巨龙横跨峡谷, 云雾缭绕时更显壮丽。入住隐于高黎贡山的私汤秘境温泉度假酒店含温泉+酒店自助晚餐(温馨提示: 客人需自带泳衣)

注: 乘坐动车, 大件行李由专用行李车送酒店, 客人无需携带大件行李乘坐动车

第七天: 南甸-芒市-腾冲 (早/午/晚餐)

早餐后, 乘车前往芒市(约 2H), 游览【芒市双塔】【猛焕大金塔+大银塔](含电瓶车)大金塔是中国第一金佛塔, 亚洲第一空心佛塔, 也是芒市地标建筑, 大银塔属实心傣式佛塔, 整个塔身采用傣银或镀银材质, 主体为银白色, 圣洁庄严, 乘车前往腾冲(约 2H), 参观大地茶海--体验响雷茶

第八天: 腾冲 (早/午/晚餐)

早餐后, 游览【北海湿地公园】位于腾冲市东北部, 是云南省内唯一的国家湿地保护区。这里四面环山, 水天一色, 有着丰富的水生植物和珍稀动物, 乘坐竹筏游览湿地, 欣赏独特的浮毯式草排景观。午餐后, 游览中国十大魅力名镇之一【和顺侨乡】(含电瓶车) 2005 年和顺获得“中国十大魅力名镇”称号, 列为榜首, 成为名副其实的中国第一名镇。配套自费: 特别安排: 藏于古镇百年火山石庭院品: 下午茶(一杯咖啡、一份点心、一份水果), 坐在百年老宅的天井里, 搭配现磨手工茶点, 将乡野的质朴与时光的醇厚融入一杯一盏。

季节限定: 10 月底-11 月中旬 北海湿地公司替换为: 银杏村(观秋季银杏林) 腾冲银杏村化身金色海洋! 3000 余亩古银杏林披上金甲, 百年古树与火山石屋相映成趣, 漫步其间, 仿佛踏入梵高笔下的油画世界

第九天: 腾冲→昆明 (早/午餐/-)

乘内陆飞机返回昆明, 配套自费: 午餐品尝海鲜自助餐。前往昆明网红浪漫打卡地--【昆明公 1903】融合了古典与现代, 东方与西方的绝佳地点。这里不仅是购物的天堂, 更是摄影爱好者的梦幻胜地。跟着小红书打卡: 凯旋门、福音教堂、唐人街、梦幻水晶玻璃桥、巨型蘑菇树、法国风情商街。特别赠送一杯“茶饮界的一颗璀璨明星”--霸王茶姬, 它不仅是一杯饮品, 更是一种时尚的生活方式, 引领客人在旅途中探索更多美好

第十天: 昆明→新加坡 (早餐或打包)

早餐后, 当天返回美丽的家园新加坡。



TOUR HIGHLIGHTS!

❖ No Shopping Tour

DaLi

- Erhai Lake Theme Tour Vehicle
- Erhai Ecological Corridor S-bend.
- Da Li Ancient Town

LiJiang

- Lijiang Ancient town
- Jade Dragon Snow Mountain Scenic
- The Glacier Park

Shangri-La

- Buddhist white pagoda
- Shangri-La grand prayer flags
- Dukezong Ancient City
- Guishan Park

MANGSHI

- Mangshi Twin Pagodas
- Meng Huan Golden Pagoda + Silver Pagoda

TENGCHONG

- Beihai Wetland Park
- Heshun Overseas Chinese Township



ACCOMMODATION

Kunming: Holiday Inn Express Kunming West or similar

DaLi: San Ta Yuan Hotel or similar

LiJiang: International Hotel or similar

Shangri-La: Lan Ou Hotel or similar

Nandian: Banshan Hot Spring Hotel or similar

Tengchong: Holiday Inn Express or similar



Compulsory Tour

Tiger Leaping Gorge (up and down escalators) + Afternoon Tea (coffee, snack, fruit) + Seafood Buffet = RMB680/person (Child under 1 meter tall: RMB450/person)



DAY 1: SINGAPORE → KUNMING (D)

Assemble at Changi International Airport today for an international flight to Kunming, the "Spring City."

DAY 2: KUNMING - DALI (B/L/D)

- Drive to Dali (approximately 4.5 hours).
- Customized arrangement: **[Erhai Lake Theme Tour Vehicle]** Enjoy a tour with local "Golden Flower" (female) or "Ah Peng" (male) guides, dance to the music, and let your voices echo between Cangshan Mountain and Erhai Lake.
- Each guest receives a bottle of Dali beer (or juice for those who don't drink beer).
- Enjoy a "Golden Flower" led dance by the Erhai Lake (a 20-second aerial quick shot is included).
- Arrive at the **Erhai Ecological Corridor S-bend**. After, visit **Dali Ancient Town**.

DAY 3: DALI - SHANGRILA (B/L/D)

- After breakfast, drive to Shangri-La (approximately 3.5 hours).
- Visit the world's largest **Buddhist white pagoda**, the Harmony Pagoda within a Pagoda, built in a pagoda-within-a-pagoda style, echoing the Dafosi Temple in Dukezong Ancient Town and the Songzanlin Monastery in Niwangzong.
- Then Check in at the **Shangri-La grand prayer flags**, where the flags move with the wind, and blessings arrive.
- Visit the **Shambala Ten-Wheel Mandala Cultural Expo Center**.
- **Tour Dukezong Ancient Town and Guishan Park**, and see the prayer wheel.

DAY 4: SHANGRILA - LIJIANG (B/L/D)

- After breakfast, drive to Lijiang (approximately 3 hours).
- **Compulsory tour: Tiger Leaping Gorge (including escalators)**. Tiger Leaping Gorge is a canyon in Lijiang, Yunnan, China, also known as "Jinsha Splitting the Flow." The Jinsha River

flows through the narrow gorge, with the narrowest point only 30 meters wide. Legend has it that tigers can leap across the river, hence the name "Tiger Leaping Gorge."

- After lunch, arrive in Lijiang and explore the 800-year-old **ancient city, Sifang Street**.

DAY 5: LIJIANG (B/L/D)

- Today, we will visit **[Jade Dragon Snow Mountain]**, one of Lijiang's most famous attractions and a sacred mountain in the hearts of the Naxi people.
- We will take the **grand cableway to the Ice Tower Forest on the main peak of Jade Dragon Snow Mountain**.
- The Glacier Park is a park composed of stone caves and stone holes formed by glacier erosion, a geological remnant of the Quaternary glacier, known as the "Lucerne Glass Palace."
- Visit **[Blue Moon Valley (excluding electric car), Ganhaizi]**.
- Complimentary visit to **Dongba Secret Realm (including electric car + internet-famous glass bridge + costume change + travel photography)**.
- (Note: If the Ice Tower Forest cableway is under maintenance or closed due to strong winds, it will be changed to the Spruce Meadow small cableway + plank road.)

DAY 6: LIJIANG - BAOSHAN (HIGH SPEED TRAIN) - NANDIAN (B/L/D)

- After breakfast, take a **bullet train** to Baoshan, then drive to Lianghe.
- Encounter the beauty of the **[Longjiang Grand Bridge]** in the clouds. The bridge is 2470 meters long, with a main span of 1196 meters, making it the largest span steel box girder suspension bridge in the mountainous areas of Asia.



- From the viewing platform, you can overlook the bridge like a giant dragon crossing the canyon, especially magnificent when shrouded in mist.
- Check into a private hot spring resort hotel hidden in the Gaoligong Mountains.
- Includes **hot springs + hotel buffet dinner (friendly reminder: guests need to bring their own swimwear)**.
- Note: When taking the bullet train, large luggage will be delivered to the hotel by a separate vehicle, and guests do not need to carry large luggage on the bullet train.

DAY 7: NANDIAN - MANGSHI - TENGCHONG (B/L/D)

- After breakfast, drive to Mangshi (approx. 2 hrs).
- Visit **[Mangshi Twin Pagodas], [Meng Huan Golden Pagoda + Silver Pagoda] (including electric car)**.
- The Golden Pagoda is China's first golden Buddha pagoda, Asia's first hollow Buddha pagoda, and a landmark building in Mangshi. The Silver Pagoda is a solid Dai-style pagoda, with the entire pagoda body made of Dai silver or silver-plated material, and the main body is silver-white, sacred and solemn.
- Drive to Tengchong (approx. 2 hrs).
- Visit the **Dadi Tea Sea** and experience "Thunder Tea".

DAY 8: TENGCHONG (B/L/D)

- After breakfast, visit **[Beihai Wetland Park]**, located in the northeast of Tengchong City, the only national wetland reserve in Yunnan Province.
- Surrounded by mountains, the water and sky are the same color, with rich aquatic plants and rare animals.

- Take a bamboo raft to visit the wetland and admire the unique floating carpet grass raft landscape.
- After lunch, visit **[Heshun Overseas Chinese Township]** (including electric car), one of China's top ten charming towns.
- In 2005, Heshun won the title of "China's Top Ten Charming Towns" and was listed as the top, becoming a veritable China's No. 1 town.
- Compulsory tour: **Special arrangement: Enjoy afternoon tea (a cup of coffee, a pastry, and a fruit) in a century-old volcanic stone courtyard hidden in the ancient town.** Sitting in the courtyard of a century-old house, paired with freshly ground handmade tea snacks, the simplicity of the countryside and the mellowness of time are integrated into a cup and a cup.
- Seasonal limited: Late October to mid-November, Beihai Wetland Park is replaced by: Ginkgo Village (view the autumn ginkgo forest). Tengchong Ginkgo Village turns into a golden ocean! More than 3,000 acres of ancient ginkgo forests are covered with golden armor, and century-old trees and volcanic stone houses complement each other. Walking through it is like stepping into the oil painting world of Van Gogh.

DAY 9: TENGCHONG → KUNMING (B/L/-)

- Take a domestic flight back to Kunming.
- Compulsory tour: **Enjoy a seafood buffet for lunch.**
- Go to Kunming's internet-famous romantic check-in place - **[Kunming Gong 1903]**, a perfect place that combines classic and modern, East and West.
- This is not only a shopping paradise, but also a dream destination for photography enthusiasts.

- Top Instagrammable highlights: Chinese Arch, Gospel Church, Chinatown, Dream Crystal Glass Bridge, Giant Mushroom Tree, French-style commercial street.
- Special gift of a cup of "a shining star in the tea drink world" - CHAGEE. It is not only a drink, but also a fashionable lifestyle, leading guests to explore more beauty on the journey.

DAY 10: KUNMING → SINGAPORE (Breakfast or Takeaway)

Today, take your flight and return home to sweet home, Singapore.

REMARKS :

1. Purchase of travel insurance is strongly recommended.
2. All itineraries are subject to changes (due to Flight Schedules, Land and Sea Transport, COVID-19 restrictions and other causes of an unpredictable nature) and final confirmation from our overseas land operators. We, as a Travel Agent cannot be held responsible for any changes being made to the itineraries due to any but not limiting to the above-mentioned factors.
3. Tour is conducted in Mandarin unless otherwise stated.
4. Please refer to Chinese itinerary version for more details.

备注:

1. 在公司无法预测和控制的情况下，行程可能更改
2. 航班时间，行程顺序，餐食和酒店均以最终确认为准。
3. 全程中文讲解
4. 本公司强烈建议阁下购买个人旅游保险

HAVE A NICE TRIP!!!