

STNWC07A



SUPER TRAVELS

8 天神奇宁夏银川+

内蒙腾格里沙漠

8D Magical NingXia &
Tengger Desert

Super Travels Pte Ltd

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行程要点

✿ 全程【无购物】完整体验，让您玩的尽兴，零负担!!!!

➤ 被称为“地球心脏”的湖泊——乌兰湖

- ❖ 东方金字塔—【西夏王陵】
- ❖ 贺兰山岩画
- ❖ 华夏西部影视城
- ❖ 中国古塔建筑中仅见的大型塔群—【青铜峡 108 塔】
- ❖ 中国最美的五大沙漠之一【沙坡头风景区】
- ❖ 通湖大草原-沙草融合的壮丽画卷
- ❖ 高庙
- ❖ 中国史前考古的发祥地—【水洞沟遗址】+实景体验+电瓶车
- ❖ 西关民俗园
- ❖ 览山公园



住宿

全程：当地五星级酒

银川：逸衡酒店或同级

中卫：泊奥酒店或同级

吴忠：万达锦华酒店或同级



必须自费项目

沙坡头 3D 玻璃桥+漫葡小镇《看见贺兰》+龙谕酒庄=RMB600/人



第一天：新加坡→（北京或上海）→银川（晚餐）

今天您乘坐飞机飞往【银川】，是一座充满浓郁的伊斯兰民族特色的古城，自古就有“塞上江南、鱼米之乡”的美誉。是我国回民的聚居地。

第二天：银川-西夏王陵（早/午/晚餐）

【水洞沟游览区】（实景体验、电瓶车、游船、驴车、骆驼车、藏兵洞、区间车）国家 5A 级景区，是中国最早发掘的旧石器时代文化遗址，被誉为“中国史前考古的发祥地”。水在原始家园体验区内，钻木取火、穿越隧道大家都可以亲自动手参与，体验原始人是如何点燃柴火和打制石器去狩猎捕食。

【西夏王陵】（含电瓶车）：该陵园遗址是中国现存规模最大、地面遗迹保存最完整的帝王陵园之一，被誉为「东方金字塔」特色小吃街“怀远夜市”

第三天：银川-阿拉善左旗-中卫（早/午/晚餐）

【乌兰湖、骆驼湖、张家湖】 乌兰湖位于腾格里沙漠深处的无人区，是沙漠中少有的红色湖泊，这里被叫作“地球心脏”。洁白盐滩、血红湖水，在茫茫沙漠里美得像奇迹。地处内蒙阿拉善左旗。三湖越野车穿越(3-4 人一车, 不包含景区里面的沙漠游玩项目)，赠送无人机乌兰湖拍摄。午餐后前往中卫。

第四天：中卫（早/午/晚餐）

【沙坡头旅游区】（含扶梯上下+含电瓶车摆渡车），沙坡头景区兼具江南水乡的清秀和西北大漠的雄浑，尤以大漠黄河、治沙奇迹、“沙坡鸣钟”而著称于世。

【3D 玻璃栈桥自费套票项目】国内首座横跨黄河两岸的 3D 玻璃桥在宁夏中卫市沙坡头景区亮相，正式对游客开放。

【通湖大草原】位于内蒙古和宁夏交界处的腾格里沙漠腹地，横跨宁夏内蒙两省、超值体验，蒙古歌手献哈达，敬下马酒，盛大的欢迎仪式。通湖草原篝火晚会“马到成功”

（注明：冬天此景点关闭）

第五天：中卫-吴忠（早/午/晚餐）

【高庙】中卫高庙是中卫两大景观之一，与“大漠奇观”齐名。

【黄河大峡谷 108 塔】（含游船）是中国古塔建筑中仅见的大型塔群，是一组排列有序，极为规则的塔群，共有 108 座，全部都用砖砌成，并抹以白灰。每当风和日丽，108 座塔倒映在金光闪闪的水波中，景色奇特，幽雅明丽。（如因天气原因黄河封冻不含游船，将改为陆路游览）

第六天：吴忠-银川（早/午餐/-）

【影视城】华夏西部影视城又称镇北堡西部影城，被誉为“东方好莱坞”。在此拍摄了《大话西游》、《新龙门客栈》、《锦衣卫》等 200 部脍炙人口的影视剧。享有“中国电影从这里走向世界”的美誉。

【中国枸杞馆】在这里可以了解到两千多年的枸杞养生文化。

【贺兰山岩画】（含电瓶车）：属重点文物保护单位，是中国游牧民族的艺术画廊。后赴《看见贺兰》沉浸式演艺小镇自由狂欢。

晚餐：漫葡小镇自理

第七天：银川（早/午/晚餐）

【龙谕酒庄】（含品鉴 2 款获奖红酒）由百年品牌张裕出资兴建，坐落于业界公认种植酿酒葡萄和生产高端葡萄酒的黄金地带之一的宁夏贺兰山东麓产区。

【西关民俗园】是以展示回族、伊斯兰建筑文化、宗教文化等为特色的主题景区。客人可穿回族民俗服装拍照。

【宁夏博物馆】

【览山公园】是著名的仿罗马式建筑。

第八天：银川→（北京或上海）→新加坡

（早餐）

早餐后，自由活动，之后送往机场，乘搭飞机，返回温馨的家。

备注：如遇水洞沟游览区关闭，则调整为

【沙湖景区（含大船、沙雕园）】



TOUR HIGHLIGHTS!

❖ No Shopping Tour

➤ The "heart of the earth"---- Ulan Lake

- Western Xia Mausoleums
- Helan Mountain Rock Carvings
- Western Film City
- Yellow River Grand Canyon 108 Pagodas
- Shapotou Tourism Area
- Tonghu Grassland
- Gao Temple
- Shuidonggou Ruins
- Xiguan Folk Customs Park
- Lanshan Park



ACCOMMODATION

Local 5* Hotel

Yinchuan: Yiheng Hotel or similar

Zhongwei: Boao Hotel or similar

Wuzhong: Wanda Jin or similar

🚫 Compulsory Tour

Shapotou 3D Glass Walkway +
Manpu Town <Kanjian Helan> +
Longyu Winery=RMB600/PAX



Day1: Singapore→ (via Beijing or Shanghai) Yinchuan (D)

Today, you fly to Yinchuan. Yinchuan has a long history and is an ancient city full of rich Islam ethnic characteristics.

Day2:Yinchuan - Western Xia Mausoleums (B/L/D)

【 Shuidonggou Ruins 】 (Real scene experience, eco car, boat trip, donkey cart, camel cart, soldier cave, shuttle bus). The earliest discovered Paleolithic cultural site in China. We can personally involved in the experience of how to light firewood and stone tools to start fire and craft weapons for hunting.

【 Western Xia Mausoleums 】 (Include Eco Car): This cemetery site is one of the largest and most well-preserved imperial mausoleums in China and is known as the "Oriental Pyramid"

Special snacks street **Huai Yuan Night Market.**

Day3: Yinchuan-Alxa Left Banner-Zhongwei (B/L/D)

【 Ulan Lake, Camel Lake, Zhangjia Lake 】

Ulan Lake is located in the uninhabited area deep in the Tengger Desert. It is a rare red lake in the desert and is called the "heart of the earth" located in Alxa Left Banner, Inner Mongolia. **Three Lakes Off-road Vehicle Crossing** (3-4 people per vehicle, not include desert activities in the scenic area), free drone photography of Ulan Lake. After lunch, go to Zhongwei.

Day4: Zhongwei (B/L/D)

【 Shapotou Tourism Area 】

(Include both way escalator+Eco car, Shuttle bus) is regarded as one of the five most beautiful deserts in China, and is widely recognized as the Capital of Sand, where the Yellow River flows.

【 3D GlassWalkway - compulsory tour 】

The first 3D glass bridge across the Yellow River officially opened to the public.

【 Tonghu Grassland 】 located north of the shared border between Inner Mongolia and Ningxia, is a wetland grassland in the heart of Tengger Desert, encompasses the mesmerizing landscapes of the sand dunes, inter-connected lakes, and huge grassland area. Tonight, experience the **Bonfire party** by sitting on the vast grassland, listening to the local folk music, while watching the mongolian horse-riding and dance performances. **(Note: This attraction is closed in winter)**

Day5: Zhongwei - Wuzhong (B/L/D)

【 Gao Temple 】 or **High Temple**, is a grand jumble of buildings and styles which has about 250 temple rooms, towers and pavilions; which are built symmetrically and layers upon layers to 29 meters high.

【 Yellow River Grand Canyon 108 Pagodas 】 (include boat trip). This 108 pagodas form in 12 rows, the overall layout is narrow on the top and wide on the bottom, form an isosceles triangle, which is a unique style. (If the Yellow River is freezes due to weather conditions, the boat trip will be change to land visit.)

“地球心脏” 乌兰湖

- 腾格里沙漠 -



Day6: Wuzhong-Yinchuan (B/L)

【Western Film City】is famous for its remarkable cultural impact, and was awarded “The Best Tourist Scenic Areas” in China. Movies such as The Herdsman, Red Sorghum, New Dragon Gate Inn and so on were filmed here.

【Wolfberries Museum】Here you can learn more than two thousand years of wolfberry health culture.

【Helan Mountain Rock Carvings】(include Eco car): Helan Mountain Rock Paintings are distributed in 9 counties (districts) in the foot of Helan Mountain of Ningxia, for a total of 27 locations. Dinner at your own expense in Manpu Town.

Day7: Yinchuan (B/L/D)

【Longyu Winery】(including tasting of 2 award-winning red wines)

【Xiguan Folk Customs Park】is a theme scenic spot featuring the Hui nationality, Islamic architectural culture, and religious culture. Guests can wear Hui folk costumes to take photos.

【Ningxia Museum】

【Lanshan Park】is a famous imitation Roman-style building.

Day8: Yinchuan→ (via Beijing or Shanghai) Singapore (B)

This morning you can enjoy your free leisure time before transferring to the airport and back to Singapore.

Note: If the Shuidonggou Ruins is closed, it will be adjusted to 【Sand Lake Scenic Area】 (include ship trip and sand sculpture park)

REMARKS :

- 1.The order of the itinerary, meals, and hotels are subject to final confirmation.
- 2.The company reserves the right to adjust the sequence of the itinerary during the trip.
- 3.Tour is conducted in Mandarin unless otherwise stated.
- 4.The Chinese version shall prevail in case of any discrepancy.
- 5.Purchase of travel insurance is strongly recommended.

备注:

- 1.行程顺序，餐食和酒店均以最终确认为准。
- 2.本公司保留旅途中调整行程顺序的权利。
- 3.全程以中文讲解。
- 4.如行程与英文版本存在差异，以中文版为最终依据。
- 5.本公司强烈建议阁下购买个人旅游保险。

HAVE A NICE TRIP!!!